

Check Your Understanding

Nutrition Risk Criteria (NRC) Revisions

ID WIC Program: Effective Oct. 1

Review the scenarios below and determine what nutrition risk criterion, if any, you would assign. Also determine if there is an additional action you would take:

- I. A mom and her 4 week old baby come to a certification appointment. The mom tells you that her baby lost a lot of weight in the first two weeks. You enter the birth weight and today's weight in WISPr. The weight gain looks good in WISPr and risk *135 Slowed Faltering Growth Pattern* isn't assigned by WISPr because today's weight shows appropriate weight gain. What do you do?
- II. A mom comes with her 5 $\frac{3}{4}$ month old baby to a health screen appointment. The mom reports that her baby was sick and lost weight after the certification, but the baby's weight is fine when you weigh her for the health screen. You enter today's weight in WISPr and risk *135 Slowed Faltering Growth Pattern* isn't assigned because today's weight shows appropriate weight gain. What do you do?
- III. A post-partum woman comes with her baby to be certified. She says she recently had walking pneumonia. You ask her if it was diagnosed by a doctor. She says no, but she's sure she had walking pneumonia because she had it a few years ago and the symptoms were the same. What do you do?
- IV. You're certifying a pregnant woman. She says she hasn't been feeling well and had some lab tests done at her doctor's office a few weeks ago. The lab results showed she has Hepatitis A. What do you do?
- V. A 4 year old girl is being certified. The grandmother has custody and tells you they were recently in a bad car accident. The grandmother is very bruised and has a cast on her left arm. Her granddaughter had a concussion and has two broken bones. She has casts on her left leg and arm. What do you do?
- VI. A formula fed 11 month old baby is being certified. The mom tells you they eat vegan. You ask her to tell you more. The woman and her husband eat only vegan foods. They know their baby needs foods to grow. They feed him vegan foods and sometimes extra foods like cheese, eggs, and plain yogurt mixed with fruit. What do you do?
- VII. A breastfeeding mom and her baby come to a health screen appointment. The mom works part-time. She pumps breast milk at work to feed her baby when she's not there. She says she keeps the breast milk in a refrigerator at work and then adds it to containers of frozen breast milk at home. You ask her to describe the amounts she mixes. She has containers at home that have 4 ounces of frozen breast milk (milk she previously pumped at home in anticipation of returning to work). She adds 2 ounces of the freshly pumped chilled breast milk per container. What do you do?
- VIII. A family comes to a health screen appointment for their 5 $\frac{1}{2}$ month old baby boy. The baby has a rare medical condition with a weak immune system. The parents say the doctor told them to sterilize bottles by boiling them between each feeding. The mom says she usually forgets or doesn't have time to boil the bottles. What do you do?